

A close-up portrait of a woman with long, dark hair, wearing a yellow sweater and a small hoop earring. She is resting her chin on her hand and looking directly at the camera with a slight smile.

LYDIA NICOLE

EPK

**ACTRESS
COMEDIENNE
PRODUCER**

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ABOUT

Lydia Nicole is an award-winning actress-comedienne-writer-producer-motivational speaker. As a 40-year acting veteran, she is best known for her role as Rafaela in *Stand and Deliver*. Whether it is portraying an illegal immigrant, a gang leader, or a talk show host, her ability to transform from one character to another is evident in her autobiographical one-woman show *A Rose Grows in Spanish Harlem*. As a POC who found acting jobs lacking in Hollywood, Lydia took matters into her own hands and started doing stand-up to create more work opportunities. She began putting together her own showcases which expanded into starring and co-producing the multiracial female standup comedy show, *Funny Ladies of Color* (famous alums include Sherri Shepherd, Carlease Burke, Lotus Weinstock, and Karen Haber) at the World's Famous Comedy Store and Telemundo's favorite all Latina show entitled *The Hot & Spicy Mamitas*, which resulted in a CD by the same name. Her producing credits include NAACP Image Award Nominees *Making the Five Heartbeats*, *In the Hive*, and a Sundance favorite *Why We Laugh*.



Lydia's extensive acting training includes being taught by acting gurus Stella Adler, Ivana Chubbuck, and Roy London who she studied under for over 8 years.

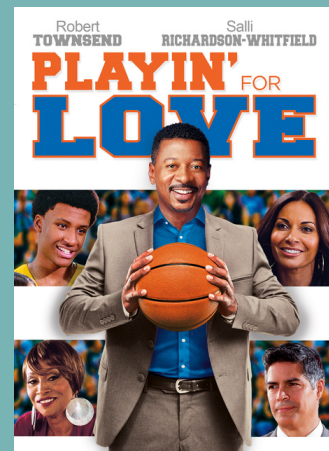
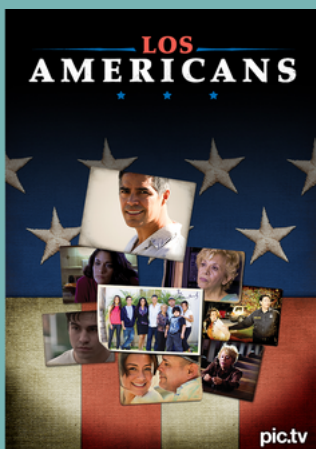
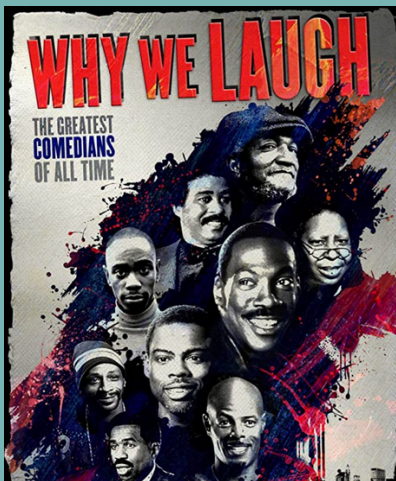
Throughout her career, she's been mentored by radio, music, and film legends Hal Jackson, Frankie Crocker, Jheryl Busby, Max Julien and Robert Townsend. Lydia believes in service and giving back by encouraging young people whether in inner city schools, colleges, or youth prisons, as well as advising young actors on her YouTube Channel, Lydia Nicole Live.

PRODUCER

Inspired by Goldie Hawn and Barbara Streisand, Lydia has been producing for over three decades. She started with actor showcases to get noticed by the industry.

Soon after she began doing comedy, she embarked on producing comedy shows for herself and friends. Over the last decade, she has been co-producing with filmmaker Robert Townsend.

Lydia has produced theater, live comedy shows, web series, television, and films, and she enjoys it all.



COMEDIENNE

Lydia Nicole began doing stand-up comedy at a time when there weren't many females of color doing it. She was one of two Latinas in Los Angeles hitting the comedy clubs. In her first six months, the multifaceted singer-songwriter, musical director, Patrice Rushen hired Lydia to open for her and Ndugu Chancler. Two years later, Lydia joined forces with Cha Cha Sandoval-McMahon to form the multi-ethnic stand up show, "Funny Ladies of Color". The comediennes in the group included Karen Haber, Sherri Shepherd, Carlease Burke, Jackie Guerra, Dyana Ortelli, Alexis Rhee, Christy Medrano, and Lotus Weinstock.

A few years later Lydia went on to co-produce the first all Latina stand-up comedy show, The Hot & Spicy Mamitas, with Sully Diaz, Marilyn Martinez, Dyana Ortelli, and Ludo Vika. The Hot and Spicy Mamitas were an instant hit. They sold out shows everywhere they performed. They were signed by Uproar records and recorded an album by the same title.

Lydia was a regular at the World Famous Comedy Store and was listed as one of Hispanic Magazine's top 100 Latino Comedians.



SPEAKER

Lydia has been speaking and motivating audiences for over three decades.

She is a true believer in encouraging others. Because of her background, Lydia was chosen by the head of publicity at Warner Brothers to go around the country and promote "Stand and Deliver". Soon after that, she became a main speaker for Athletes and Entertainers for Kids, where she spoke to thousands of students, from elementary, middle and high schools, including the Ryan White Aids Program, Kareem's Kids, and Kathy Ireland.

Lydia has been sought after by churches, colleges, organizations, and youth correctional facilities. She has also spoken at the DEA, the Academy of Motion Picture Arts and Sciences and SAG-AFTRA.

TOPICS

- An Actor Prepared
- Common Sense Goals For Artists
- Internships: Breaking Through To Success



AUTHOR

Lydia Nicole is also an upcoming author. Her book "An Actor Prepared" is a nuts and bolts guide to help actors - new and experienced to organize, create and conduct business with excellence.

"Internships: Breaking Through to Success" is a guide to help college students break into show business.

Common Sense for Actors is a fun and informative book to keep actors grounded. She also published her one woman show "A Rose Grows in Spanish Harlem" in English and Spanish and is currently finishing her book, The God Walk, which helps readers get closer to God.



COMMON SENSE MAMITA

As someone who's had a 40-year career in front of and behind the camera, a stand-up comedy career, and a career programming radio, marketing songs, and promoting musical acts, Lydia has had mega success and also many failures.

She created The Common Sense Mamita show to guide, encourage, and offer practical ways actors and other creatives can navigate their career, life, and spirituality in Hollywood without going crazy or losing their dignity.

It is where creativity, street, and common sense collide! the show is for actors, comedians, filmmakers, indie producers, or those aspiring to be, have no fear, Common Sense Mamita is here!

Lydia releases new videos every Wednesday where she interviews Hollywood creatives or share mistakes she's made and her own experience in Hollywood, and offer good old common sense.



YOUTUBE

LYDIA NICOLE LIVE



FACEBOOK

@COMMONSENSEMAMITA



INSTAGRAM

@IAMLYDIANICOLE

@COMMONSENSEMAMITA



TWITTER

@COMMONSENSEMAMI



TIKTOK

@COMMONSENSEMAMITA





MY STATISTICS

Age Range 48-55
 Nationality Latina
 Hair Dark Brown
 Eyes Dark Brown
 Weight 140 lbs
 Height 5'4

Lydia Nicole

FILM ACTOR

CONTACT DETAILS

Represented by PoppiProductions
 Phone (818) 650-0127
 Email lydia@lydianicole.com
 Website www.lydianicole.com

FILM

10 ATTITUDES
 RAVE
 STAND AND DELIVER
 CHOICES
 INDECENT PROPOSAL
 HOLLYWOOD SHUFFLE
 STRANGER BY NIGHT
 MAX DUGAN RETURNS

LEAD
 LEAD
 LEAD
 LEAD
 FEATURED
 FEATURED
 FEATURED

GALLANT PRODS./MICHAEL GALLANT
 ROCHESTER RAVE/RON KRAUSS
 WARNER BROS./RAMON MENENDEZ
 DISNEY/LINDA SHANKLIN
 PARAMOUNT/ADRIAN LYNE
 SAMUEL GOLDWYN JR./ROBERT TOWNSEND
 HBO/WILSHIRE FILMS/GREGORY BROWN
 20TH CENTURY FOX/HERBERT ROSS

TELEVISION

M.O.W.
 MARGARET AND THE
 SATURDAY NIGHT LADIES
 HONEY BOY
 A DEATH IN CALIFORNIA
 SHATTERED VOWS
 MURDERED IN TEXAS
 EPISODICS
 MARTIAL LAW
 COP ROCK
 BEVERLY HILLS BUNTZ
 THE JEFFERSONS (2PT)
 THIRTYSOMETHING
 HILL STREET BLUES (3)

LEAD
 CO-STAR
 CO-STAR
 FEATURED
 FEATURED
 CO-STAR
 GUEST STAR
 GUEST STAR
 GUEST STAR
 FEATURED
 FEATURED

POOLHOUSE PRODS./PAUL WENKOS
 ESTRADA PRODS./JOHN BERRY
 LORIMAR/DELBERT MANN
 RIVER CITY PRODS./JACKBENDER
 DICK CLARK PROD./BILLY HALE

CBS/JOHN KRETCHMER
 ABC/GREGORY HOBLIT
 NBC/ERIC LANEUVILLE
 CBS/BOB LALLY
 ABC/PETER HORTON
 NBC/ROD HOLCOMB,RANDA HAINES,
 ROBERT BUTLER

STAND-UP

COMEDY STORE REGULAR, HOT & SPICY MAMITAS, FUNNY LADIES OF COLOR

THEATRE

A ROSE GROWS IN SPANISH HARLEM, CALLING UP PAPI, FIVE BROWN SHICKS, MY CUP RUNNETH OVER, PIANOLA, UNFINISHED WOMEN CRY, BEAUTIFUL SENORITAS, LATINO LAB (ODYSSEY THEATER)

ACTING TRAINING

Roy London, Ivana Chubbuck, Joan Darling, Stella Adler, Jose Quintero, Ken Lerner, Mark Travis, Doug Warhit, Estelle Harmon, Margie Haber Studio, Michael Shurtleff

COMEDY: Danny Mora, Judy Carter, ark Lonow, Harvey Lembeck

VOICE: Roger Love, Seth Riggs

SKILLS: Dialects, speak Spanish, looping, drive stick, teacher, gardener, Scrabble maniac, improv

AWARDS: Comision Femenil de Los Angeles, Artist of the New Generation, Youth in Film

FELLOWSHIP: NALIP SCREENWRITING LAB